

# Our Goal is to Help Patients Meet Theirs



Some patients grow dependent on the rehabilitation professionals who participate in their care. And in many cases this dynamic can cause a delay or even prevent success.

We stay focused on the task at hand and encourage patients toward independent self-care and home exercises. We know this leads to more successful outcomes more quickly.

In order to keep a healthy flow of patients progressing and moving through our care system, it is our policy to discharge patients who meet our clinical and functional criteria below:

## Discharge Criteria

1. Pain complaint of 0-2 (on a 10 point scale) during ADL or work activities.
2. Clinical measurements 80% of normal or greater
3. Functional impairments 80% of normal or greater
4. Independence with self-care and home exercises demonstrated