

## Find Out For Yourself!

*"Before receiving treatment from Paul I was hurting daily in my neck, middle back and hips/lower back. Within two weeks of seeing Paul I was able to sustain long-term pain relief.*

*After several weeks of seeing Paul I now have pain-free days and have learned the tools to help maintain a pain-free back and shoulders." -Darcy S.*



**Paul Mukai, PT, CSCS**

Paul received his undergraduate training from UCLA and his Master of Physical Therapy education from Mount St. Mary's College. He has worked exclusively with orthopedic injuries and specializes in resolving spin related pain.

Before becoming a physical therapist, Paul was a personal trainer certified by the American Council on Exercise. Currently he is currently recognized by the NSCA as a **Certified Strength & Conditioning Specialist**.

## Sound Like You?

Do you suffer from **back pain** or **sciatica**?  
Does your pain keep you from being as active as you desire, or even hinder normal day to day activities?

## Get Pain relief now!

Even if you've been unsuccessful with physical therapy or other treatments in the past, you will find our approach is far more comprehensive.



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PHYSICAL THERAPY**

**(559) 241-7200**  
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Instant Relief for

# Back Pain or Sciatica



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