



Empowering Women with Hope!

PAINFUL SEX? Pain with standing, walking, or simple position changes?
DIFFICULTY with holding urine, sitting or pelvic floor muscle spasms?

Special diagnosis treated include vulvodynia, dyspareunia, interstitial cystitis, vestibulodynia, vaginismus (fecal, stressed, mixed, or urge incontinence), diastasis recti, carpal tunnel, low back /SI joint pain, chronic pelvic pain, pelvic floor muscle weakness, prolapse, rectocele, cystocele, c-section or episiotomy scar pain

Results

in just

1

WEEK

"Their expert care empowered me to take control of my body. Because of them I am healed today!"
- Irene, Pelvic Pain Patient

- Avoid surgery for pelvic floor conditions
- Avoid keloids and reduce pain in scars

Come and meet **Isa Herrera, PT** the leading expert in the field of **Pre & Post Natal Physical Therapy**. She and her book "The Pregnant Couple's Guide to Working Out Together" has been featured nationally on **"THE TODAY SHOW"** and **"LIVE WITH REGIS & KELLY"**. At Renew Physical Therapy you can expect a very private healing environment with a spa-like atmosphere! Isa has personally trained all of our therapists and staff to provide you with comfortable, specialized care from the moment you walk in the door. State-of-the-art equipment abounds throughout the facility, such as the 830Laser, a revolutionary device, that accelerates your own bodies healing process! Custom pregnancy tables that allow pregnant women to lie on their stomachs! And much much more. **Come experience the Renew Program for Women for instant relief of your pain and problem today!**

BONUS:

- Customized home exercise prescription book
- 50% off "Pregnant Couples Guide to Working Out Together"
- 50% off Renew Relaxation Music CD

Partners & Babies Welcome!
Schedule a Visit Now!
Call (212) 213-4660
www.Renew-PT.com

Most Insurances Accepted
Cash Customers Receive a 30% Discount



Renew Physical Therapy, PC
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Please bring this flyer with you or give to someone you know!